

RYAN UPTON

Dancer – Teacher – Choreographer

ryan_upton@hotmail.co.uk

Tel: 07972857510



TRAINING:

NORTHERN BALLET SCHOOL TRINITY DIPLOMA IN PROFESSIONAL DANCE 2015-2018

EDGE HILL UNIVERSITY CERTIFICATE OF HIGHER EDUCATION IN DANCE 2014-2015

CREDITS:

2023 - Blaze of Glory!, Associate Choreographer, Welsh National Opera
2023 – Changing Landscapes, Northern Ballet School, Choreographer
2022 – The Snowman, Jack Frost & Cowboy Snowman, West End Peacock Theatre
2022 – Unite for Ukraine Ballet Gala, Sadlers Wells, Viviana Durante Company, Choreographer
2022 – The Secret Garden, New Creations Collective, Mr Craven & Ben Weatherstaff, UK National Tour
2022 – Beauty & The Beast, Chantry Dance, The Beast, UK Tour
2022 - Sylph to Stratospheric, Northern Ballet School, Assistant Director & Choreographer
2021 - The Snowman, Santa Claus & Swing, West End Peacock Theatre & National Tour
2021 - Alice in Wonderland, Choreographer & White Rabbit, Feelgood Theatre
2021 - I See Stars, Northern Ballet School Showcase - Choreographer, Assistant to the Director
2021 - The Fonteyn International Ballet Competition - Choreographer, Contemporary Solos
2020 - The Little Mermaid, Skuttle the Seagull, Mystic Ballet USA
2020 - FLASH Triple Bill, Male Soloist, Mystic Ballet USA
2020 - NOTTOBE/Hamlet, King Claudius, Mystic Ballet USA
2019 - The Nutcracker, Prince, Mystic Ballet USA
2019 - EXPOSURE Triple Bill, Male Soloist, Mystic Ballet USA
2019 - DRACULA: The Blood Count of Heaton, Choreographer & Ensemble, Feelgood Theatre 2019 -
FLASH Triple Bill, Male Soloist, Mystic Ballet European Tour
2019 - The Little Mermaid, Skuttle the Seagull, Mystic Ballet USA
2018 - The Nutcracker, Corps De Ballet, Mystic Ballet USA
2018 - GRAB Triple Bill, Male Soloist, Mystic Ballet USA
2018 - Romeo & Juliet, Romeo's Spirit & Ensemble, Feelgood Theatre
2018 - A Chorus Line, Zach, Jazzgalore Theatre Company
2017 - The Nutcracker, Prince & Snow Prince, Manchester City Ballet
2017 - LUSH UK Annual Showcase, Choreographer & Ensemble, LUSH

DANCE:

Highly Skilled: Ballet, Contemporary, Lyrical, Pas De Deux, Jazz, Jazz Partnering, Choreography, Children's Choreography, Improv, Dance Captain/Ballet Master, Dance Teacher, Fitness Instructor, Body Conditioning.

Skilled: Tap, Commercial, Hip-Hop, Movement for Actors.

TEACHING

- Centre Pointe - Ballet and Contemporary.
- Northern Ballet School - Contemporary, Ballet, Jazz, Pas De Deux & Double Work
- Institute for Contemporary Theatre BIMM - Jazz, MT, Contemporary, Ballet & Fitness
- Rhythm Nation Associates - Lyrical, Contemporary and Technique
- KNT Danceworks - Ballet, Contemporary and Tap
- Sophie Dee School of Dance - Guest Teacher delivering Ballet
- Edge Hill University - Guest Lecturer delivering Classical & Contemporary workshops.
- Arden School of Theatre - Guest Teacher delivering Tap, Jazz & Audition Tech workshops
- School of Mystic Ballet USA - Jazz, Ballet and Fitness

